



KELSEY
BIGELOW
poetry



LET'S WORKSHOP!

I'm happy to know you're interested in my workshop offerings!

Inside you'll find various workshops alongside their descriptions, ideal audiences, and estimated durations.

Pricing will vary per workshop based on group size, duration, and any travel needs. I'm happy to talk budget with you any time and find what works for everyone.

Take a look inside, and let me know what questions you have!

Don't see a workshop you're thinking of? I'd love to collaborate on creating a workshop that fits your specific needs.

Kelsey K. Bigelow



AVAILABLE WORKSHOPS



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UNCOVERING YOUR POEM: A GENERATIVE WORKSHOP

Everyone has a story worth sharing, whether you know it or not. It's a matter of discovering what you have to say and pulling the poem out of it. This workshop is designed to help uncover the poem within you and let the ideas take up space on the page. You may be surprised by what you can craft!

AUDIENCE: GENERAL PUBLIC OR POETS OF ANY LEVEL

DURATION: 90 MINUTES, ADAPTABLE TO 60 MINUTES

WRITER'S BLOCK: HOW IT'S PART OF THE PROCESS

You know that sensation you get when you're experiencing writer's block – that blank mind or overly active mind, that inability to get the words out or get in the zone? That sensation is telling you something. This workshop explains how writer's block is part of the process, shares tips for getting out of your rut, and helps you put it into practice.

AUDIENCE: POETS/WRITERS OF ANY LEVEL

DURATION: 90 MINUTES, ADAPTABLE TO 60 MINUTES

FORMATTING POETRY ON THE PAGE

It's likely a reader will experience your poem on the page. The tiny details of how the poem is presented can add up to a more immersive and impactful experience. Dive into those nitty gritty details in this poetry formatting workshop. Explore techniques for editing your poem on the page by playing with capitalization, punctuation (or the lack thereof), line breaks, white space, and more.

AUDIENCE: POETS OF ANY LEVEL

DURATION: 90 MINUTES, ADAPTABLE TO 60 OR 120 MINUTES



AVAILABLE WORKSHOPS



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CRAFTING RANDOM WORDS INTO SOMETHING MEANINGFUL: A GENERATIVE WORKSHOP

Have you read poetry prompts where you have to combine unrelated words into a cohesive poem? This challenging task can be broken down into manageable, creative techniques that anyone can master. This workshop shares the steps behind a couple different approaches to this very prompt to help you craft random words into a well-written meaningful poem.

AUDIENCE: POETS OF ANY LEVEL

DURATION: 90 MINUTES, ADAPTABLE TO 60 OR 120 MINUTES

THERE'S A POEM IN THAT: A GENERATIVE WORKSHOP

Poetry can be found in unexpected places: the joke your friend just made, the way a stranger sips their coffee, an interview response, a news story, your own introspection. Discover poetic images in the world around us. You may just find yourself picking up my personal catchphrase: "There's a poem in that."

AUDIENCE: GENERAL PUBLIC OR POETS OF ANY LEVEL

DURATION: 90 MINUTES, ADAPTABLE TO 60 MINUTES

BUILDING A THEMATIC MANUSCRIPT

With various approaches, storylines, and interpretations, crafting a poetry manuscript around a theme isn't as easy as it seems -- but it can be just as fun as writing the poems themselves. This hands-on workshop identifies steps you can take from start to finish in building a manuscript as well as how to choose your approach at each step.

AUDIENCE: POETS READY TO CREATE A BOOK

DURATION: 120 MINUTES, ADAPTABLE TO 4-WEEK SERIES



AVAILABLE WORKSHOPS



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POETRY AS A COPING TOOL

Life has a way of throwing heavy stuff our way, and it's our job to find ways to manage our mental health through it all. This workshop walks you through methods for writing poetry as a coping tool. From free writing and responding to prompts to observing your situation and trying a poetic form, poetry can help you process and manage your emotions through the heaviness.

AUDIENCE: VERSIONS AVAILABLE FOR SCHOOL-AGE STUDENTS AND GENERAL PUBLIC ADULTS

DURATION: 60 MINUTES, ADAPTABLE TO 45 OR 90 MINUTES

WRITING YOUR OWN LIFE

Have you ever felt like you were holding yourself back out of fear of not being supported? If you're willing to open your mind to your dream life, this workshop will explore tools on how you can best listen to yourself and will share living proof that writing your own life is, in fact, possible.

AUDIENCE: VERSIONS AVAILABLE FOR SCHOOL-AGE STUDENTS AND GENERAL PUBLIC ADULTS

DURATION: 30 MINUTES, ADAPTABLE TO 45 OR 60 MINUTES

HOW TO START A POETRY CAREER

Want to live your daydream, even part time? If you've ever wondered why or how to start a poetry career, you've come to the right place. This workshop discusses why treating poetry like a business is beneficial, what to expect from this journey, and steps for starting your poetry career.

AUDIENCE: POETS WISHING TO TAKE THE NEXT STEP IN THEIR POETRY CAREER

DURATION: 60 MINUTES, ADAPTABLE TO 90 OR 120 MINUTES. CAN DIVE DEEPER FOR A 4-WEEK COURSE.





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Ready to workshop together?

Let's connect and make a plan! Reach out at kelkaybpoetry.com or send me an email at kelsey@kelkaybpoetry.com

